

Tapasya



Transition from Information to Knowledge to
Experience to Wisdom (IKEW)



A Devrukh Spiritual Prowess Pvt Ltd (DSPPL) initiative

This newsletter is specially for all students, teachers and parents. As Ajit Telang Sir used to say that the education of a student is a social triangle. Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination.



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**Ajit Telang Sir
Our Inspiration!**





Achievement

DSPPL Student Dhruv Kulkarni shines bright!

Dhruv Kulkarni, our DSPPL Student from Bengaluru, was a part of the first ever and biggest Broadway show that happened in the town. He auditioned for it and got selected, he was the only minor participating in the show. Sharing a snippet of his performance.

Dhruv Kulkarni, participated in the model United Nations held by Harvard and won the best delegate award. This was an international event with 92 delegations and 500+ individuals participating in it.

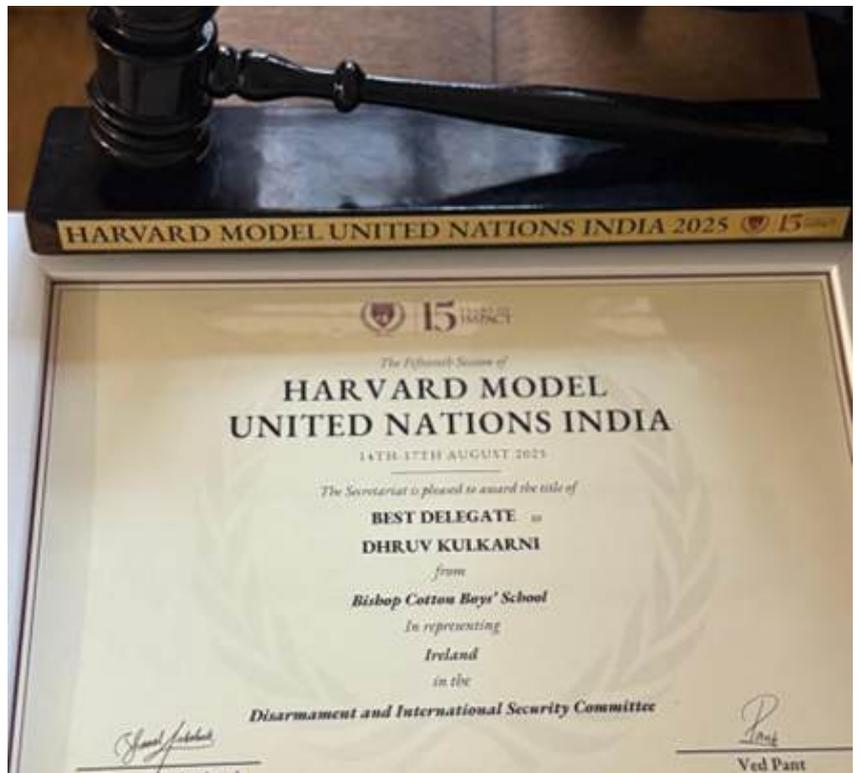
Most Important – He always had a pic of Swamy in his pocket and he accredits Swamy’s blessings as a reason for this win.





Achievement

DSPPL Student Dhruv Kulkarni shines bright!



Note: Please share academic & extra-curricular achievements of our DSPPL Community (Students, Teachers and Parents) to info.dsppl@gmail.com. We would love to share with our readers.



Uncanny Nexus - A journey beyond

Volume 01: The Awakening of Seekers

3. Working Together

- Dip. SAC Ashwini Telang, Clinical Psychologist & Director, DSPPL

At University of Soka, a competition for knowledge is about to change the fate of those who seek it. What begins as a scholarly pursuit soon takes an unpredictable turn, leading the seekers beyond textbooks and theories into something far greater—an unravelling of ancient forces hidden in time.

When an artifact of unknown origin is discovered, subtle synchronicities begin to emerge, guiding the researchers toward a mystery buried deep in the past. Their rivalry fuels their quest, pushing them to uncover forgotten wisdom, but the more they dig, the stranger the events become.

As their journey unfolds, they encounter hidden temples, fragmented truths, and cosmic connections that defy all logic. But something beyond human comprehension has already been set into motion. The air shifts, destinies converge, and an unseen force whispers a warning:

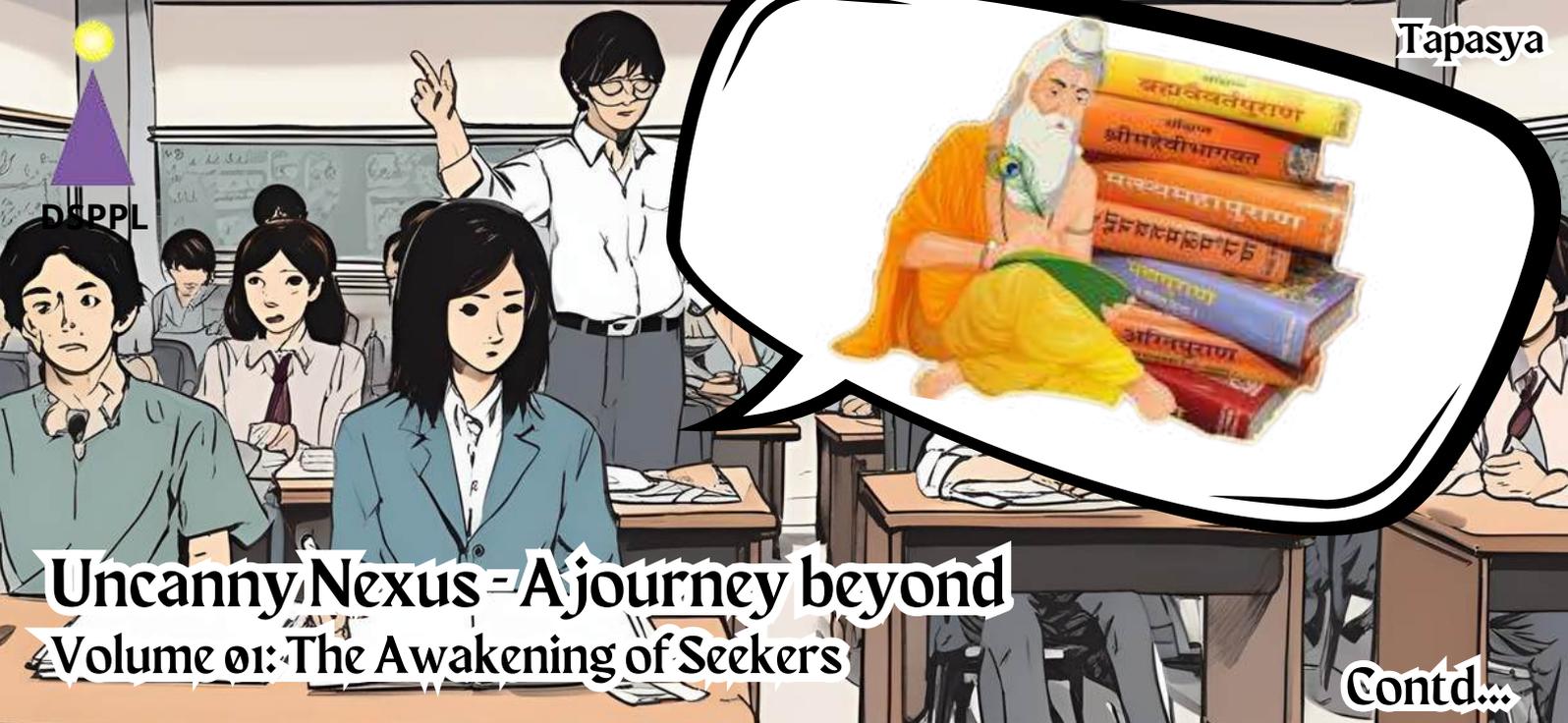
Have they stumbled upon mere knowledge, or awakened something far greater?

The first volume of Uncanny Nexus lays the foundation for a mystery that transcends time itself. But this is only the beginning.

Working Together

“Well,” said Yuki, “Ved taught me modesty. Despite having such a vast rich cultural heritage, he seems so down to earth. Aniya taught me elegance, and you, my friend, taught me to experience peace no matter what happens. Not only is it learning from others but also the crux is in understanding them as well. But to understand them, you need to be open and curious about what life is to teach us together. Openness is the step towards the realization of our purpose. Plus, our group members are welcoming and supportive. Did you know what I answered in class today was said to me by Ved?”





Uncanny Nexus - A journey beyond Volume 01: The Awakening of Seekers

Contd...

Hyeon uttered, "Cham? Then I guess I should take the first step?"

Yuki said, "Yes, really. You may take your first step."

Haruka and Hiroshi felt the same way and said, "Let's try to reach out to our group."

They realized that building rapport was a two-way street and that they needed to be proactive in reaching out to their peers.

The next day, as the students gathered in their Sanskrit Literature class, the professor, as usual, began by marking the attendance. After ensuring everyone was present, he said, "Today we'll be studying about the mythology known as Puranas. It is considered to be equally important as shruti and smriti in Vedic Dharma. The mythological books contain all the required knowledge about achieving the objective of life with respect to materialistic and spiritual aspects, which is presented in a very lucid and interesting manner."

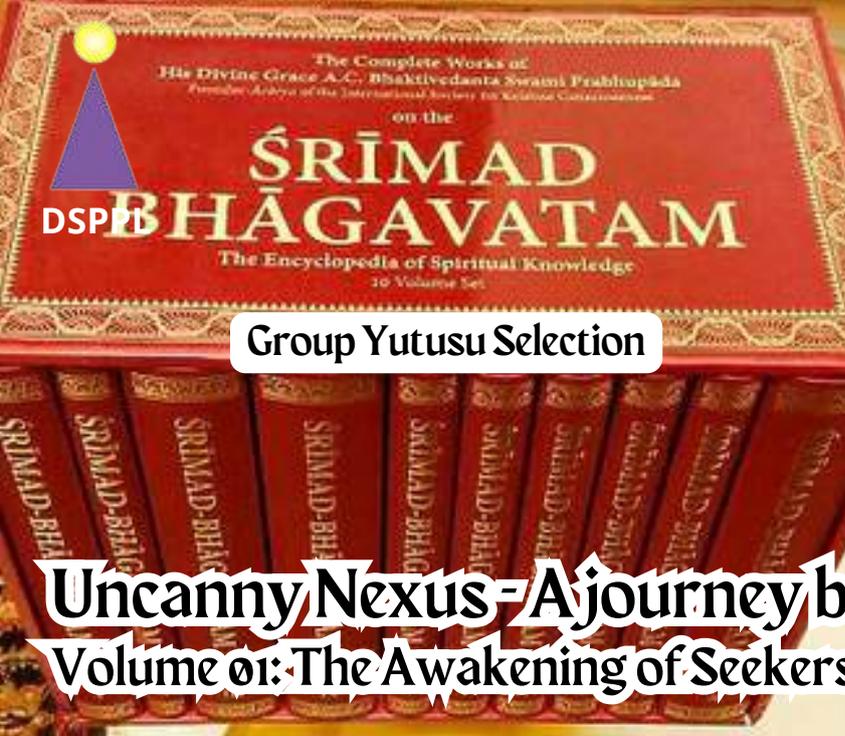
"Mythological literature generally handles the issues related to the creator of the universe, destruction, different important traditions, eras, and images, and family traditions of great seers. Through these, mythology proclaims the four Purushartha's: Dharma, Artha, Kama, and Moksha."

The professor then waited for the students to absorb the information before continuing, "There are a total of 18 main Puranas."

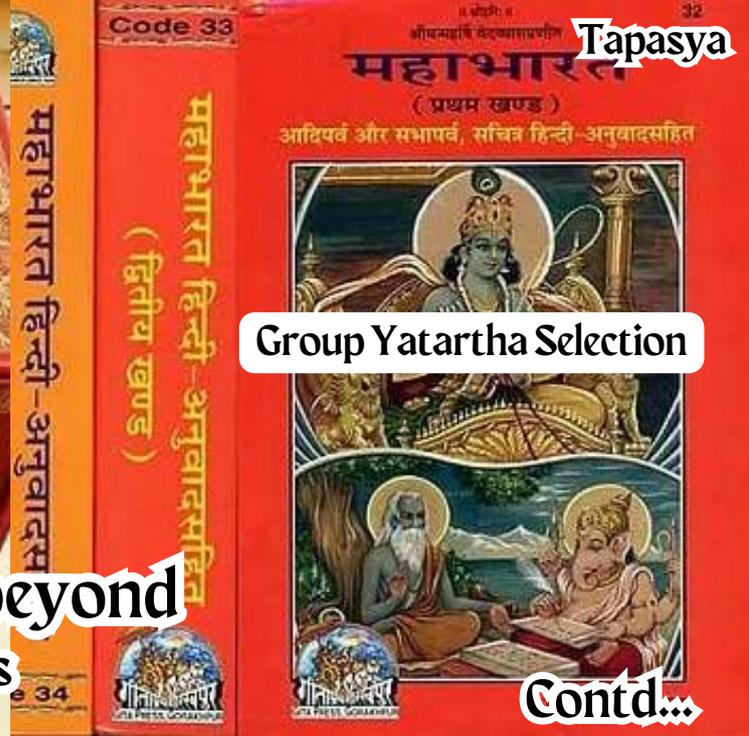
Listening to this, Tairitsu curiously asked, "Professor Kobayashi, can we know the names of these 18 main Puranas?"

Professor Kobayashi smiled and answered, "Brahma, Vishnu, Shiva, Padma, Bhagwat, Bhavishya, Narada, Markandeya, Agni, Brahmavaivarta, Linga, Varah, Skanda, Vamana, Kurma, Garuda, Matsya, and Brahmada are the 18 Puranas considered to be the main amongst various Puranas. Besides these 18, there are 18 Upa-Puranas or sub-Puranas."





Group Yutusu Selection



Group Yatartha Selection

Uncanny Nexus - A journey beyond Volume 01: The Awakening of Seekers

Contd...

Everyone seemed to be awestruck by the information given by the professor in such detail. Avenlee turned to Jigyasa, who was sitting next to her, and whispered, "Jig, I can't believe that the total number of hymns in these 18 Puranas is believed to be more than 40 lakhs! I mean, that's insane... how are we supposed to read them all?"

Before Jigyasa could say anything, the professor smiled, looking at the expressions on the faces of each student, and said, "I know, it practically seems impossible to study such a massive number of hymns, and so, we'll be studying something more manageable that contains the virtues of all Puranas: literacy and poetry, both."

Jigyasa smiled, slightly glancing at Avenlee. "Oh, I guess you got your answer, Ave," whispered Jigyasa.

The professor continued, "The three books that have had a large influence all over the world since ancient times are: Ramayana, Bhagwat, and Mahabharata. So, I would like each group to study one of them as the next assignment. Is it clear?"

Everyone nodded in agreement. Now the task for each group was to choose an epic to study in-depth and present their findings.

Group Yuyutsu (युयुत्सु) took Mahabharat, while Group अनंत (Anant) quickly decided to explore the Ramayana and Group Yathartha chose Bhagavatam. All the members of each group were intrigued by its rich narrative and profound lessons.

For Ensemble अनंत (Anant), Yuki who was the leader for the week, suggested, "Let's go to the library and gather different versions of the Ramayana. We can each take one text and then discuss our findings."

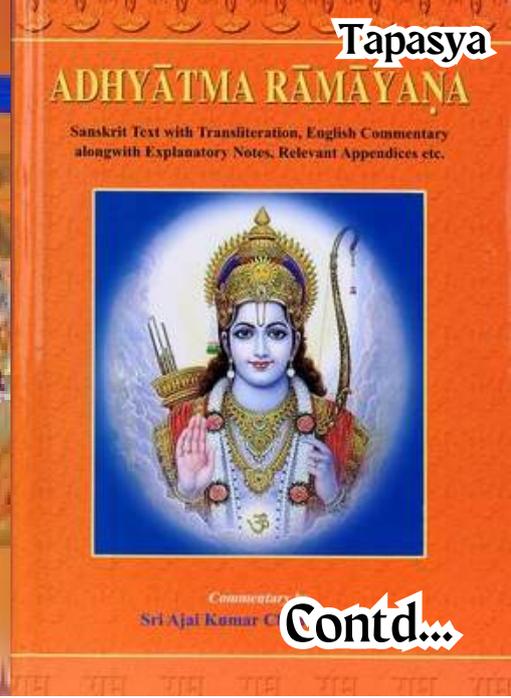
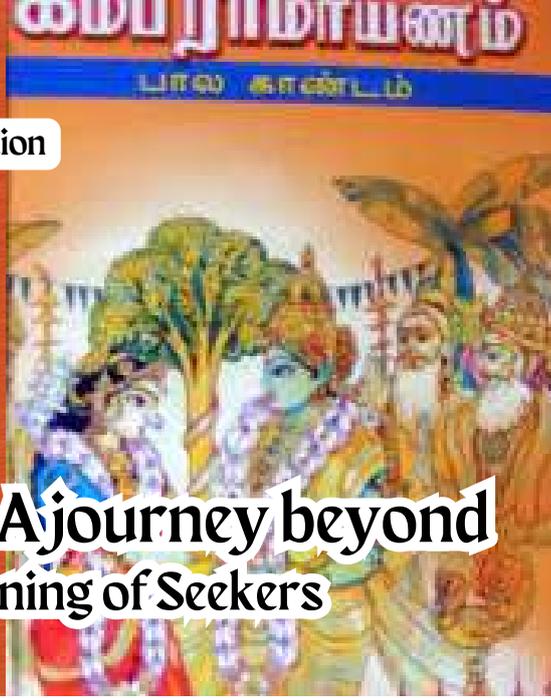
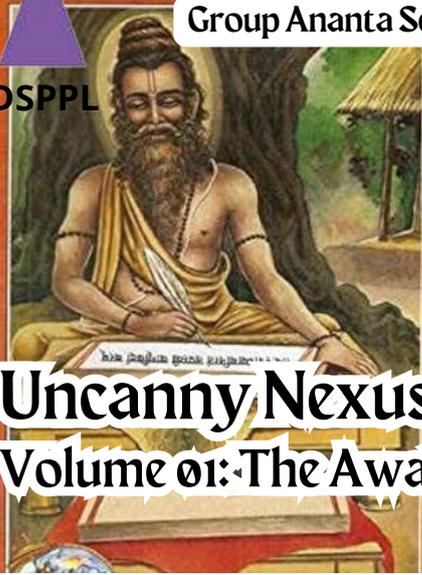
Everyone agreed, and they headed to the library. The library was vast, with shelves filled with ancient texts and manuscripts. The group split up to find various versions of the Ramayana.



महर्षि वाल्मीकिप्रणीत
श्रीमद्वाल्मीकीय रामायण
[चित्र, हिंदी-अनुवादसहित] (प्रथम खण्ड)

Group Ananta Selection

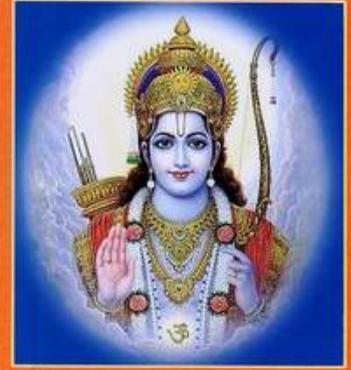
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Tapasya

ADHYĀTMA RĀMĀYANA

Sanskrit Text with Transliteration, English Commentary
alongwith Explanatory Notes, Relevant Appendices etc.



Commentary by
Sri Ajal Kumar Chaturvedi

Contd...

Uncanny Nexus - A journey beyond Volume 01: The Awakening of Seekers

Avenlee picked up the Kamban Ramayan, a Tamil version of the epic, and Karunashankar translated it for her. Jigyasa chose the Valmiki Ramayan, the original Sanskrit version, and was accompanied by Hiroshi and Hyeon in taking notes. Aniya found the Tulsidas Ramayan, written in Awadhi, so Dhairya helped her understand while jotting down the key points. Ved selected the Adhyatma Ramayan, a spiritual interpretation of the epic, while Haruka sat beside him, listening to each sentence carefully and making notes. Yuki, decided to explore the Ananda Ramayan, a lesser-known version that focuses on the childhood of Lord Rama, and Yug helped him with the translations.

Meanwhile, Rutva and Daiki, who had been browsing through another slender, timeworn volume on a side shelf, stumbled upon something unfamiliar. Its cover read: Adbhuta Ramayan.

Rutva immediately translated it, "The Extraordinary Ramayana?"

They sat quietly with it, drawn in by its tone. Within moments, they were interpreting a verse describing Sita in a form they'd never encountered before.

Team अनंत (Anant) spent hours immersed in their texts, taking notes and absorbing the different perspectives and interpretations. Later, they gathered in a quiet corner of the library to discuss their findings.

Avenlee started, "The Kamban Ramayan is beautifully poetic. It emphasizes the emotional and moral aspects of the characters. I found the portrayal of Sita particularly moving."

Jigyasa added, "The Valmiki Ramayan is more straightforward and detailed. It provides a comprehensive account of the events and characters. Valmiki's depiction of Lord Hanuman is fascinating. He is shown as the epitome of devotion and strength."

Aniya shared her insights, "The Tulsidas Ramayan focuses on the devotion and its aspects such as "Samarpan Bhaav" (समर्पण भाव) that is feeling of complete surrender or dedication. It's more devotional and highlights the divine nature of Lord Rama. Hanuman's unwavering devotion to Rama is inspiring."



Hanuman's

QUEST FOR

Shri Ram's

Ring

Contd...

Ved spoke next, “The Adhyatma Ramayan is more philosophical. It delves into the spiritual significance of events and characters. Hanuman is portrayed as a symbol of selfless service and devotion.”

Yuki concluded, “The Ananda Ramayan is unique because it focuses on the childhood of Lord Rama. It provides a different perspective on his early life and the development of his character. Hanuman’s loyalty and bravery are evident even in this version.”

Rutva then spoke, her tone carrying quiet awe. “There’s one more version we found—Adbhuta Ramayan. It’s rare... but powerful. In it, after Ravana’s death, another enemy arises—Sahastra Ravan (सहस्र रावण)—with a thousand heads.”

Daiki looked up, eyes wide, then smiled. The group seemed momentarily stunned.

He added, “And this time... it isn’t Lord Rama who defeats him. It’s Goddess Sita. She transforms into Mahakali and destroys him alone.”

The silence that followed wasn’t confusion. It was reverence.

Rutva looked around and continued, “And it doesn’t stop there. There’s a passage where Lord Rama, nearing the end of his incarnation, deliberately drops his ring into a small crack in the earth. He tells Hanuman to retrieve it.”

Ved leaned forward slightly, eyes narrowing with intrigue.

Daiki looks at Ved before continuing Rutva’s story, “Hanuman shrinks—becomes atomic—and travels down into Naga Loka. There, he meets the serpent Vasuki.”

Jigyasa’s breath caught.

Rutva’s voice softened. “Lord Hanuman asks about the ring. And Vasuki just smiles... asking Lord Hanuman, ‘Which Lord Rama’s ring are you looking for?’ Then he gestures to a mountain of identical rings. ‘This happens every time. When he is ready to return, he comes here. And so do you,’ adds Vasuki.”



Uncanny Nexus - A journey beyond

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There was no immediate response—only stillness.

Jigyasa finally whispered, “That’s... parallel timelines. Our scriptures were talking about these concepts long before we re-labelled them.”

Aniya shook her head slowly, a spark lighting behind her eyes. “We should absolutely include this version in our research.”

The group was deeply engaged in their discussion when the professor walked by and noticed their enthusiasm. “It looks like you all are having a productive session,” he remarked. “I’m glad to see such dedication. Remember, understanding these texts from multiple perspectives will enrich your knowledge and appreciation of Sanskrit literature.”

Feeling encouraged, the group continued their discussion, each member contributing their insights and learning from one another. They realized that their diverse backgrounds and perspectives were their greatest strengths, allowing them to explore the Ramayana in a way that was both comprehensive and enlightening

TO BE CONTINUED...



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Science of Learning Part 21

- ca pranjal joshi

LEAD your Life !

There was young boy named Sumit. He was asked to recite Geeta's particular chapter every day for months together by his Grandfather. The boy got bored and refused to do that. Grandpa was a wise man. He asked him to pick up a cane basket which was dirty and old and take to the river nearby and bring the water every morning instead. The boy did for few days and soon realized that not a single drop reaches home as everything gets leaked through the basket. He got bored and again refused to do the same work telling grandpa that it is a sheer waste of time. Grandpa asked him to bring basket to him and then look into it closely. He pointed out that the basket has become much cleaner than what it was when they started. Though not a single drop reached, the basket was purified and then Grandpa said that even Geeta chanting did the same thing. This shows that a repetitive activities if done with a purpose over a long period deliver the results desired.

Boredom happens when an activity and a doer of the activity, both get stagnated. As the results never change. It is like a multiplication of 3 and 5 will always give 15 as a result. The best part in every activity no matter how repetitive it may be is that YOU are a part of equation and a variable.

When you change, the same activity may give different results. Coming back to the equation given earlier, if 3 becomes 4 and the 5 remains as it is, the result now is 20 instead of 15. When you get different results, the boredom can't set in. YOU are the center point. Have you ever experienced that a book read earlier if read again after few months or years will give you a different perspective as you have changed your level of wisdom and consciousness even when the book remains static.





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GROWTH MINDSET

FIXED MINDSET

Science of Learning Part 20

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This is the most important aspect when it comes to study, academic work, professional assignment and even for vocational or other pursuits. When we forget that we are responsible for our life, we give up to lead our life, that too unintentionally.

We all like leading others in one or the other activities, may it be a game, social group, planning for some event, professional assignment, or any other group activity. We forget that we need to first lead our own life. The belief plays a great role in this. We become what we believe, but working on these beliefs need purposeful attention and repetitive purposeful actions. Carol Dweck, famous psychologist for her work on motivation and mindset, demonstrated that repeated, purposeful reinforcement of the belief that “abilities can be developed” led to improved academic outcomes. Students who practiced this belief, consistently outperformed peers who saw abilities as fixed traits.

According to the studies, fixed mindset ends up with deterministic view of the world while the growth mindset leads you to the greater sense of free will. The fixed mindset avoid challenges, gives up to the obstacles, considers efforts as worthless, get fearful of criticism and feel threatened by the success of others. On the contrary, growth mindset embraces challenges, persist in the face of setbacks, considers efforts as path to excellence, learns from criticism and find lessons and inspiration from the success of others.

Growth mindset is the path towards divinity, making yourself better than earlier. Can we use the following, as daily help to excel in our academic progress –

(a) Facing difficulty in a topic or subject ? Growth mindset vs Fixed Mindset - When you feel stuck, ask yourself: “What can I try differently?” rather than “Can I do this?”

It is said that Sri Aurbindo was sent to England at a young age. He initially knew no English. But through dedicated effort, he not only mastered the language but also excelled at Latin, Greek, and European literature.

(b) Reframe Failure as Feedback - Growth mindset vs Fixed Mindset - Add the word “yet” to your unachieved tasks (e.g., “I can’t solve this math problem - yet”).

It is said that Sant Tulsidas was not great scholar during his early days. But he persevered and





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studied Sanskrit deeply under Guru Narharidas. His persistent study gave rise to the Ramcharitmanas, one of the greatest works in Indian literature, which brought him both respect and enduring fame.

(c) Focus on Effort and Strategy: Celebrate each small success. Growth mindset vs Fixed Mindset. After completing a task, reflect on “What strategies worked well? What can I improve next time?”

Do you know, in lawn tennis a player who wins roughly 55% of the points in a match is considered to be playing well enough to win. Top players like Djokovic and Nadal demonstrate this man a times. They focus on each point rather than on winning a match.

(d) Seek Constructive Criticism

Ask teachers, mentors, or peers: “What’s one thing I could do better?”

A.P.J. Abdul Kalam early in his career at ISRO was part of the team building India’s first Satellite Launch Vehicle (SLV). He often asked his senior mentor, Prof. Satish Dhawan, for guidance on where he could improve. After the SLV’s first failed launch (1979), Kalam sought Dhawan’s feedback. Dhawan advised him to strengthen team coordination and pre-launch checks. Dr Kalam applied this feedback, and in the very next attempt (1980), the SLV successfully placed Rohini Satellite into orbit.

(e) Watch your progress, carefully !

Keep a “learning journal” where you track what you’ve learned each week, not just achievements.

After recovering from a tennis elbow injury, Sachin couldn’t immediately return to his “perfect” batting form. He kept a track of his improvements minutely, being able to play longer innings without pain, timing a few drives well etc. before achieving big centuries again. This growth mindset kept him motivated through setbacks and helped him in extending his career.

So for studies and achieving academic excellence, repetitive actions are critical but these will give far better results when there is a strong purpose behind it. The purpose is the result of active participation by leading our life with growth mindset.

CA Pranjal Joshi, Pune

Founder Director of DSPPL, Managing partner of CA firm with 22+ Years of experience. Corporate trainer & visiting Faculty for various Management Institutes. Trustee & Financial Advisor to various domestic and International Trusts/NGOs working in the field of sports, medical, employment and Spiritual activities.



Our Attitude decides our Altitude

“Patience – the surest way to victory”

- Krupa Choksi

In today's competitive world, everyone wants to excel. And that excellence we want it immediately. We are in a hurry to succeed but everything has a time. We need to wait till a tree bears a fruit and it gets ripe. Similarly, in life we need to wait. Our hard work will always pay but we need to keep patience. Sometimes, we feel nothing is working but sometimes when we wait for long time, we get success in bounds and heaps. Just like a bamboo tree, for six months nothing comes out of the soil and then every night it grows six inches. So one should always keep patience in life.

Just like in Samudra Manthan, all devatas lost their patience after the halahal poison came out, Lord Vishnu in form of Kurma who the supporting Meru Mountain, asked them to keep patience. They kept on churning and finally they could get nectar.

A restless mind cannot achieve anything. In order to concentrate on a task, we need to have peace of mind and peace of mind we can have only by sitting with oneself. This needs patience. One cannot achieve peace of mind in just one day. We need to wait, we need to keep patience and then we can achieve something.

This reminds me of one more story. Once Shivaji Maharaj, a great king from India, lost his way while going from one fort to another. He looked around from a hilltop but could not see any village nearby. The night was advancing fast. As he started coming down the hill, he saw a dim light twinkling in the distance. Going in that direction, he soon reached a hut.

Inside the hut was an old woman who welcomed him, thinking that he was a soldier from Shivaji's army. Seeing that he was tired and hungry, she gave him warm water to wash his hands and face and also spread a mat for him to relax upon. After he had sufficient rest, she brought a plateful of hot rice and curry and placed it before him.



“Patience – the surest way to victory”

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Continued...



Shivaji was so hungry that he quickly put his hand into the rice and curry to lift a big morsel to his mouth. The hot food burnt his fingers and immediately, he grabbed his hand, spilling some food on the floor.

The old woman saw what had happened and remarked, “Oh, you seem to be as impatient and hasty as your master, Shivaji, that’s why you burnt your fingers and lost some food, too.”

Shivaji was both amused and surprised by these words. “Why do you think my master Shivaji is impatient and hasty?” he asked.

The old lady innocently began to explain. “Look here, my dear son. Don’t you see, Shivaji is ignoring the smaller forts of his enemy and trying to capture only the big forts? Just as your impatience to eat burned your fingers and caused spillage of food on the floor, Shivaji’s impatience to defeat the enemy is causing him both worry and loss of a number of men from his brave army. You should have first eaten the cooler food at the edge of the plate and then the food in the center. So, too, Shivaji should start taking the small forts first and strengthen his position. That will help him to conquer the bigger forts quickly and without much loss of his soldiers.”

Shivaji was quick to grasp the wisdom in the old woman’s words. He realised that one should avoid making haste in any undertaking.

The above incident teaches us the virtue of patience. In any undertaking, one should patiently take small and steady steps instead of hurrying to take big ones to be successful. Patience and perseverance are the key to success.

Krupa Choksi, Rajkot

Technical Content Head & Chief Faculty, CS & MBA Marketing, CEO of Synergetic Business Research ; Reiki master & Trainer (India & Abroad)
 Authored books like Holistic Parenting & Personality Development for modern Youth, jointly with Ms. Ashwini Telang





Thought for the Month

Managing Upset Emotions - Viivek A Pandey

Dear Students of DSPPL

And my young friends,

Managing Upset Emotions

Living jovially is normal for students more than anyone else. A major part of the academic year is spent in laughter and focusing on studies. However, some events happen that hamper the emotions of the child. Their sensitivity cannot handle the harsh treatment from their peers or their teachers, or even family members leads to an entire phase of living with emotions unsuitable. When a child is rubbed the wrong way, it may even lead to some extreme steps. Individuals and society at large need to understand the changes that accompany a growing body and mind. Also, there are changes pertaining to generation, and the human DNA is not a constant factor.

A child just born never leaves the lap of their mother. Until the age of 4/5, the child usually moves within a few metres inside their home. It is only when the body starts crossing the threshold of home, some problems arise. A child is not just supposed to learn, but also has to encounter many people. Emotions are integral to the human experience, shaping our reactions, decisions, and overall well-being. Emotional regulation refers to the ability to influence which emotions we feel, when we feel them, and how we express or experience them. For many of my students, even recognizing an emotion is difficult, never mind trying to have any sense of influence over them. This is particularly true if they've experienced trauma or chronic persistent stress where they've had to numb to survive. This is really tricky, as managing emotions effectively is crucial for mental health and social success. The good news is that there are things we can do to widen our emotional regulation bandwidth.

Young children express only love and innocence. They are the embodiment of Godliness and occupy all that is beautiful. As we age, we tend to harness the fire element within us in the wrong ways due to circumstances. The role of the immediate environment can never be understated. The ages of 11 and 12 where the fire element comes into force, and variants of emotions that a child may entertain are a crucial factor in parenting. Jealousy, pride, ego, and anger are some variants of the fire element, assuming an incorrect role for a child.





Thought for the Month Managing Upset Emotions

continued...

Imagine a fire element going haywire, combined with a strong earth element. No prizes for guessing, the result can only be an outrage. All the violence that can be seen around the world is due to the unchecked emotions of a person who was once a child. Thoughts come much later; the identification and recognition of emotions should happen much earlier and with each growing body. More importantly, knowing that negative emotions have a certain uneasy effect on the body (that too immediately) will prevent the emotions from widening their area. The Gen Z is highly intellectual. However, they need to be trained to lead a beautiful life. Negative mind and emotions can definitely not result in a good life. Before one develops a bad attitude, the system that does not allow ugly emotions to expand must be put into place.

Most children can pick up vibes very early these days. It should not be that difficult to guide and educate them about their own existence. Avoiding reactions is the very first thing a person needs to be trained in. The misdemeanor of one individual leading to outrage needs to be understood. Inappropriate behaviors are the problems of internal struggle of the person displaying them; it has nothing to do with anyone outside of them. Any child who understands the patterns of people around will never fall into the trap of reacting. The second thing a child needs to be made aware of is the element of competition that leads to jealousy. Cooperation, when instilled thoroughly within a child, will lead to a better human race. By addressing the commonalities, we celebrate life together. We raise our own bar by uplifting others when needed. The third of the many steps that can be taken is to make the child talk about their suppressed emotions. Childhood scars can lead to antisocial elements within an individual. Making a child understand the principles behind the best way in which the body, mind, and emotions work will do a lot of good for the world. The current human race is surely different, but there are a few common principles that will hold ground for eternity. This fact needs to be understood by both parents and teachers.



Viivek A Pandey, Vadodara

Viivek A Pandey is an educator and an author. He has been actively involved with most philanthropic activities initiated by Ajit Sir Guruji. Over the years he has contributed many articles and poems. He envisions to see the world walking towards the path of enlightenment.



The Farmer's Treasure: A Lesson in Financial Effort and Planning

- CA Amit Dhadphale



Welcome to another exciting edition of our financial literacy series for children! In this article, we explore how a simple story can teach us powerful lessons about money, effort, and planning. Let's dive into the tale of 'The Farmer's Treasure' and discover how it can help us become money-smart kids.

The Farmer's Treasure

Once upon a time, a wise old farmer had three sons. As he grew older, he worried that his sons didn't understand the value of hard work. Before he passed away, he told them, "There's treasure buried in our fields. Dig deep, and you'll find it."

After the farmer was gone, the sons eagerly dug every inch of the field, hoping to find gold or jewels. They found nothing. But since the field was freshly tilled, they decided to plant crops. That season, the harvest was the best they had ever seen!

The sons realized that the real treasure was the result of their hard work. The farmer had taught them a valuable lesson: effort and planning lead to rewards.

Financial Lessons from the Story

1. Hard Work Pays Off

Just like the sons who dug the field, putting in effort—whether it's saving money, learning about finances, or doing chores—leads to rewards. Money doesn't grow on trees, but it does grow when we work hard and use it wisely.

2. Planning Leads to Growth

The farmer didn't give his sons gold; he gave them a plan. By preparing the field, they unknowingly set themselves up for success. Planning your spending and saving helps your money grow, just like crops in a well-prepared field.



The Farmer's Treasure: A Lesson in Financial Effort and Planning

continued...



3. The Real Treasure is What You Build

The sons expected instant riches, but they found something better—long-term success. In financial life, the real treasure is what you build over time: savings, investments, and good habits.

Try This!

Here are some fun and easy steps to apply what we've learned:

Create a 'Treasure Field' Chart

Draw a field with rows labeled 'Save', 'Spend', and 'Share'. Each week, add coins or stickers to show how you're using your money. Watch your field grow!

Weekly Planning Time

Sit with your parents every Sunday and plan your money for the week. Decide how much to save, what to spend on, and if you want to share or donate.

Set a Goal

Pick something you want to buy in the future—a book, a toy, or a gift. Create a savings plan and track your progress. You'll feel proud when you reach your goal!

Conclusion

The story of 'The Farmer's Treasure' teaches us that hard work and planning are the keys to financial success. There may not be gold buried in your backyard, but there's treasure in your efforts, your habits, and your dreams. Start digging today—not for gold, but for growth!

Happy Reading, Happy Learning!

CA Amit Dhadphale

PS: Views are personal! GenAI was used to develop an iteration of this article. The end product was reviewed and edited by the authors before publication.



CA Amit Dhadphale, Pune

CA Amit Dhadphale is an experienced professional and works with one of the Big 4 accounting firms in India



Industry Inspirations

Interview with Mr. Sachin Gadre, Ratnagiri Mechanical Engineer, Production Manager - Adler Healthcare Pvt Ltd

Q : It is our honour to have you with us. Kindly tell us more about yourself.

I Well, I'm a Mechanical Engineer by profession, and for the last 34 years I've been working in the medical device industry—mainly focusing on orthopaedic instruments and implants. My role as a Production Manager has always been about planning, execution, and making sure things run smoothly on the shop floor.

But beyond my professional life, what really defines me is my association with Swami Samarth Math in Devrukh. Since 2005, I've been serving there as a trustee and a Sevekari. I also get deeply involved in the Math's housekeeping and cultural activities, and during special events, I love coordinating and managing things—it gives me a sense of purpose and belonging.

On the personal side, I feel blessed to live in Devrukh, Ratnagiri, with my mother, my spouse, and my son. My family is my anchor, and the Math is like my extended family. Together, they keep me grounded and inspired every day.





continued

Q: It is interesting and inspiring to know your scientific interests along with a spiritual foundation added with a social cause. Kindly Share your professional journey with us.

I completed my Diploma in Mechanical Engineering from Government Polytechnic, Ratnagiri, in 1990 and started as a trainee engineer with JK Engineers' Files, Ratnagiri. In 1991, I moved to Sushrut Surgicals Pvt. Ltd., Devrukh, as a Production Engineer. The company was at a growth stage, adopting CNC technology and expanding its product range, which gave me early exposure to modern manufacturing and shaped my journey in the medical device field.

Q: If a student is interested in this field, what is the qualification required for this occupation?

I began my career with Sushrut Surgicals Pvt. Ltd., Devrukh—today known as Adler Healthcare—as a Production Engineer in 1991. Back then, a Diploma in Mechanical Engineering was enough to take up such a role, but in today's scenario, the same position typically requires a Graduate Mechanical Engineer with at least two years of production experience. That change really shows how much the industry has evolved in terms of expectations and standards over the years.

Q: Working for a long stint of 34 years what were the pain areas or challenges of your profession ?

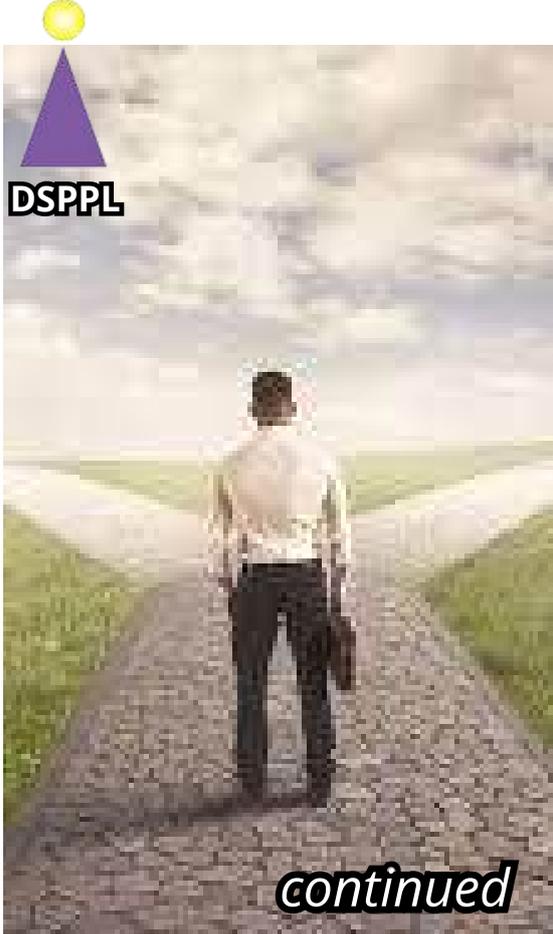
I will not say pain or challenge but an opportunity, at the initial stage of career a large variety with a vast range of quantities and vast range of lead time and requirements of certain groups of products to the end market at a time, was a challenge and this was more dark in the absence of skilled manpower and to the absence of Quality Management System (ISO9001), and to the remote village Devrukh where there were absence of communication as well as transport facilities.

Q: In those days of less technical and digital facilities it must have been challenging for you being in a small village. That is also wonderful to know that you have been successful with your sincerity and commitment staying at Devrukh. In this long stint of your career path what you can say were your turning and learning times and inspiring times?

Learning times are still going on, though the business is now equipped with the Quality Management System, advanced technologies, and good support systems of communication and transportation. You know, business is always a continual process—there is always learning time and the need to grow with the changing business needs.

Even life itself is a learning and continual improvement process, where you have to self-audit your actions and reactions to situations and compare them with past episodes.





A turning point in my life, I can say, was when I associated with Swami Samarth Math, Devrukh—at the lotus feet of Shree Swami and under the shelter of beloved Guruji Shree Ajit Telang, by 2006.

In the various scriptures, it is told that association with a Sidhdapurush/Mahapurush (an enlightened one, masculine or feminine) is the rarest thing in the world.

By yourself, you can achieve all the desires—wealth, power, kingdom, popularity, prosperity, life partner, and children—either easily or with special efforts. But all this is incomplete unless you come under the shelter of a Mahapurush, because he/she penetrates you and gives insights on how to handle situations so that you can remain in a balanced state. At the same time, they open our sight to things beyond the materialistic world, offering fulfillment and unexplainable happiness in life. This changed attitude brings a total change to one's life.

Q: You have already given us your views which is our next question. Do you pursue spiritual practices how those helped in career?

I pursue spiritual practices such as Reiki, meditation, and the chanting of certain mantras, including Ganesh Atharvashirsha, Shree Rudram, and Lalita Sahasranam Stotram.

Q: At a very young age you have been into spiritual practices. It is indeed a blessing. Kindly share with us how the practices brought changes to your career?

From the year 2000, I was facing challenges in my professional as well as personal life, and my methods of handling the situations were different. I can say I might have committed suicide, developed addictions, or lost mental control if I had not been associated with Guruji Shree Ajit Telang.

He taught me spiritual practices, but more than that, being with him is another level of experience — a bliss which can only be experienced. His teachings, through various discussions and dialogues related to Math activities, spiritual programs, and interactions with other people coming to the Math, empowered me to handle situations differently and, more importantly, totally changed my attitude towards life situations.

The lesson I learnt is to understand my role in any situation as well as the need for shifting roles. More importantly, I learnt to introspect my strengths and weaknesses and to scrutinize right or wrong actions — auditing my own actions and reactions — which led my actions to continual improvement instead of finding faults in others.





This has enabled me to handle ten times more volume, variety, and, most importantly, human resources. In the end, I can say the master shows you the path, but you have to run your race. Guru's grace as well as your spiritual practices will lead you to the right path and offer a different level of experience.

Thank you, Sachin Gadre Sir, for taking your valuable time out to share your journey, learnings, and opportunities. The message for all of us is that one can create opportunities wherever we are.



कथाये विनायक की... - Part 9

मूषक वाहन

- *Mrunal
& Yamini
Kutumbale*

देवराज इंद्र की अमरावती में देवों की सभा हो रही थी। देवराज इंद्र भी अपने सिंहासन पर विराजमान थे। उस समय गंधर्वराज क्रौंच भी वहा उपस्थित थे। उन्हें किसी कार्यवश कही जाना था। अतः देवराज से आज्ञा लेकर वहा से उठकर वे चलने लगे। जल्दी में उनका पाँव वहा बैठे महर्षि वामदेव को गलती से छू गया। महर्षि को ये बात अपमानजनक लगी। वे क्रोधित हो गए। उन्होंने क्रौंच गन्धर्व को मूषक बनने का श्राप दे दिया। श्राप सुनकर गन्धर्व व्याकुल हो गया। उसने महर्षि से क्षमा याचना की। महर्षि के सामने रोया, गिड़गिड़ाया। महर्षि को दया आ गई। उन्होंने कहा, " तू मूषक तो होगा , किन्तु देवाधिदेव गजानन का वाहन होने के कारण अत्यंत सुखी होगा। उनकी कृपा तुम पर हमेशा रहेगी। तुम्हारे सब दुःख दूर होंगे।"

वह तुरंत ही मूषक होकर धरती पर महर्षि पराशर के आश्रम में पहुँच गया। उसका आकार अलौकिक था। विशाल पर्वत के समान और भयंकर था। दांत बहुत बड़े और तीक्ष्ण , स्वर अत्यंत कर्कश और डरावना था। पराशर आश्रम में पहुंचते ही उस मूषक ने उपद्रव मचाना आरम्भ किया । मिट्टी के पात्रों को फोड़कर उसमे भरा अन्न खा लिया। वस्त्र , ग्रन्थ आदि कुतर दिए। आश्रम का बागीचा नष्ट कर दिया। फल , फूल , पौधों को तोड़ दिया। इस विनाश को देखकर महर्षि पराशर व्यथित हुए। वे सोच रहे थे इसका उपाय कैसे करे ? मारना संभव नहीं था क्योंकि जीव हत्या का पाप लगता। उन्होंने भगवान गजानन की शरण ली।" हे प्रभो , मेरा ये दुःख शीघ्र दूर कीजिये। इस मूषक से हम सब की और हमारे आश्रम की रक्षा कीजिये प्रभो।" गजानन ने अपनी मधुर वाणी से उन्हें आश्चस्त किया , " महर्षि , आप मेरे पिता समान है। आपका कार्य करना मेरा कर्तव्य है। मैं इस मूषक को अपना वाहन बनाता हूँ। जिससे इसका उत्पात समाप्त हो जायेगा। " यह कहकर उन्होंने अपना पाश मूषक की और फेंका। पाश की जकड़न से मूषक मूर्च्छित हो गया। जब चेतना में आया तो सोचने लगा, मैंने बड़े बड़े वृक्षों , पर्वतों तक का नाश कर दिया। मेरे जैसे पराक्रमी का कंठ किसने जकड़ लिया।



continued...

मूषक, भगवान् गजानन के समक्ष उपस्थित हो गया। प्रभु को सामने देखकर वह गिड़गिड़ाया। उनके सामने नतमस्तक होकर बोला, " हे प्रभु, आप क्षमाशील है , मुझपर भी दया कीजिये। " गजानन ने कहा , " मूषक, तुम दया के योग्य नहीं हो। तुमने महर्षि को बहुत कष्ट दिया है, पर अब तुम मेरी शरण में आये हो। जो चाहे वर माँग लो। "

मूषक सोच रहा था , मुझे कोई क्या देगा ? मैं वर क्यों माँगू ? मूषक ने गजानन से कहा , " मुझे तो कुछ भी नहीं चाहिए। आपकी इच्छा हो तो आप ही मुझसे माँग लीजिये।" गजानन ने कहा , " अच्छा तुम मुझे वर देना चाहते हो तो मेरे वाहन बन जाओ। "मूषक ने स्वीकार किया। गजानन तुरंत मूषक की पीठ पर आरूढ़ हो गए। बेचारा मूषक ! सभी स्थानों पर गजानन का भार सहन कर रहा था। मूषक को अपनी भूल का आभास हो गया। अपने प्राण संकट में देखकर उसने भगवान् से प्रार्थना की, " प्रभु , मुझपर कृपा कीजिये। आप थोड़े हलके हो जाइये जिससे आपका भार मैं सहन कर सकूँ। " भगवान् ने समझ लिया की मूषक का गर्व हरण हो गया है। भगवान ने अपना भार घटा लिया और वे वहनयोग्य हो गए।

महर्षि पराशर भगवान् गजानन की ये लीला देख रहे थे। उन्होंने प्रणाम कर प्रभु से कहा , " प्रभु , आश्चर्य की बात है। जिस मूषक ने बड़े बड़े पेड़, पर्वत को कुतर दिया वो कुछ ही समय में आपका वाहन बन गया। आप धन्य है प्रभो ! " दूसरे दिन गजानन ने मूषक के कंठ में एक रस्सी बंधी और उसके साथ क्रीड़ा करने लग गए।
जय गुरुदेव!



Mrunal Kutumbale, Vadodara

A Commerce Graduate and Reiki healer from Reiki Vidya Niketan, Mrunal has contributed insightful articles to ReikiBrahma magazine and translated them into Gujarati and Hindi. A nature lover who enjoys reading and music.

Yamini Kutumbale, Vadodara

She is a Senior Test Analyst at Civica with 6 years of experience, She specializes in software testing and quality assurance. A Computer Engineering graduate, she is passionate about delivering product excellence. Yamini's love for reading, writing, and traveling reflects her vibrant personality and dedication to growth.



बहता हुआ झरना

DSPPL

- जयंती काटदरे

एक गाँव में एक झरना था। एक दिन उसने सोचा, “रोज़ क्यों बहते रहना है? मैं ही अपना पानी क्यों बाँट रहा हूँ? इससे तो अच्छा है कि रोज़ एक ही जगह पर रहूँ। इससे मेरा भी काम आसान हो जाएगा और बहने के लिए जो तकलीफ़ मुझे उठानी पड़ती है, वह नहीं पड़ेगी।”

झरने ने मन ही मन में खुद को रोक लिया। हर रोज़ वह सिर्फ़ थोड़ा सा ही पानी आगे छोड़ता और बाकी का पानी अपने अंदर ही रख लेता। ऐसे करते-करते कई दिन बीत गए। अब झरने का पानी एक ही जगह पर बहुत इकट्ठा हो गया था।

आस-पास की मिट्टी पानी में घुलकर वहाँ बहुत सारा कीचड़ बन गई थी। झरने के साथ जितनी भी अच्छी-बुरी चीज़ें बहती हुई वहाँ पहुँची थीं, वे भी अब उसी कीचड़ में अटकने लगीं। इसकी वजह से झरने का पानी गंदा होने लगा। पानी तो वही था, लेकिन अब कोई भी उसका इस्तेमाल नहीं करना चाहता था।

पानी वही था, पर अब झरने का बहाव बहुत कम हो गया था और उसकी यही हालत हो गई थी।

अब वह सोचने लगा, “जब मैं बहता था, तब मैं ज़्यादा खूबसूरत और अच्छा था। इतना सारा पानी अपने पास इकट्ठा करने के बावजूद अब मैं उतना प्रसन्न नहीं हूँ।”

उसी के पास बने तालाब ने उस झरने से कहा, “देखो, भगवान ने तुम्हें बहने के लिए ही बनाया है। तुम्हारी रचना ही ऐसी है।

रोज़ बहते रहने का मतलब है, हर रोज़ आगे बढ़ना, नए-नए अनुभव लेना और हर दिन एक नई ज़िंदगी जीना। अगर तुम एक झरना हो, तो बहते रहना ही तुम्हारा धर्म है, तुम्हारा कर्म है।

तुम आने वाले बदलावों को स्वीकार करते रहो, फिर एक दिन तुम पहले जैसे हो जाओगे।”





CONSTITUTION OF INDIA

- **Kalpita Rakesh**

Article 20 – Fairness in punishments

Characters:

- Arya: A curious 9-year-old boy, born into a lawyer's family.
- Mom: A patient and wise lawyer.
- Dad: A humorous and engaging lawyer who loves teaching through stories.

One lazy Sunday evening, Arya flips through his parents' copy of the Constitution, intrigued by its importance in his lawyer parents' lives. Suddenly, he stumbles upon Article 20.

Arya: (reading aloud with exaggerated confusion) "No person shall be convicted of any offense except for violation of a law in force..." (pausing) "Umm... What? This is harder to understand than my math homework!"

He storms into the living room, where his parents are sipping tea.

Arya: "Mom, Dad, what's Article 20? It sounds like reading alien language."

Dad: (putting down his cup) "Ah, Arya, you've stumbled upon one of the most fascinating articles! Let's turn our home into a courtroom to explain it."

Mom: (smiling) "And you, Arya, are our defendant. Don't worry, no jail time here!"

Arya: (pretending to shiver) "Courtroom? Defendant? Am I in trouble?"

Dad: "Not yet, but let's create a little situation to explain."

Mom: "Imagine this: last week, someone broke my favorite vase last week. Today, I make a rule—'Anyone who breaks a vase will lose dessert for three days.' Then, I tell you, 'Arya, you broke the vase last week, so no dessert for three days!'"

Arya: (dramatically gasping) "But that's not fair! The rule didn't exist last week!"

Dad: (grinning) "Exactly, Your Honor! This is called an ex post facto law. You can't punish someone for something that wasn't against the rules at the time they did it."

Mom: (nodding) "The Constitution protects people from such unfairness under Article 20. Now imagine we punished you last week by denying you desserts for 3 days for breaking



Understanding Constitution Part 11 (Article 20)

the vase. Then today, I say, 'Oh wait, you're also grounded for the same thing.' How does that sound?"

Arya: (pretending to faint) "Nooooo! Two punishments for one mistake? That's worse than double homework!"

Dad: (laughing) "That's called double jeopardy, Arya. Article 20 says you cannot be punished twice for the same mistake. Fairness is key."

Mom: (leaning closer) "And now, imagine I tell you, 'Arya, admit you broke the vase, or I'll take away your snacks for a week.' Would that make you want to confess?"

Arya: (grinning) "I'd confess to things I didn't even do! 'Yes, I broke the vase and ate the cookies instead."

Dad: (laughing) "Exactly why Article 20 protects you from self-incrimination. No one should be forced to say something that could be used against them. It's a right that keeps justice fair."

Arya: (sitting up straight) "So, Article 20 is like having a fair referee. No punishing people for rules they didn't know, no double punishments, and no forcing confessions. I like this!

I'll use Article 20 next time you try to give me double punishments for forgetting chores!"

Dad: Oh! Alright Don't go breaking more vases just because you know the rules!"

Moral of the Story:

Article 20 ensures fairness and justice by protecting individuals from retroactive laws, double punishments, and forced confessions.

Kalpita Rakesh Vazhayil, Mumbai

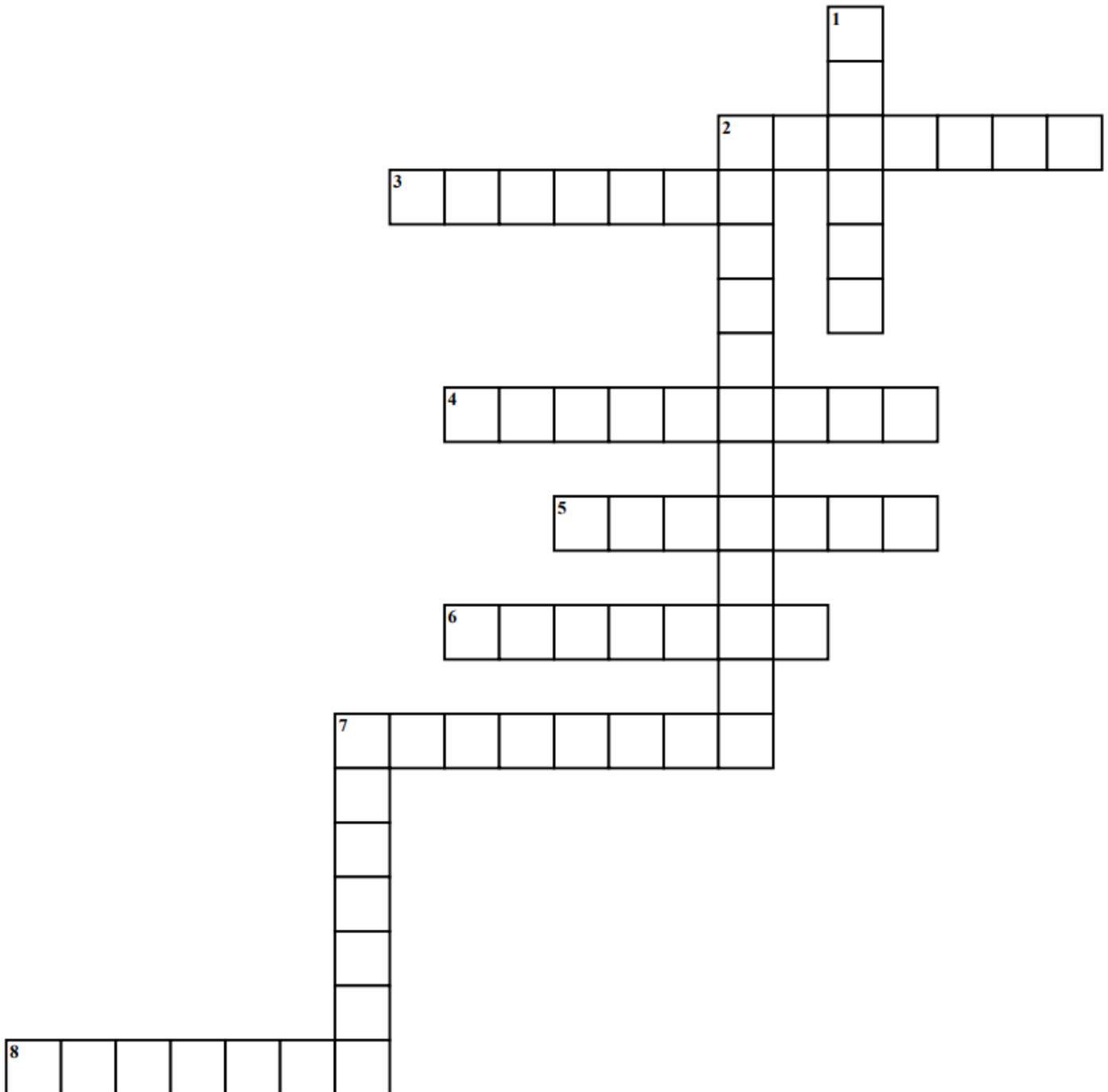


A postgraduate in Inorganic Chemistry from Wilson College, has also completed a Postgraduate Diploma in Materials Management from IIMM and a Certificate Course in Foreign Trade. With over a decade of experience in logistics, her latest venture is Samruddhi Niryat, which aims at promoting health and sustainability through millets. A theater enthusiast who thrives on exploring and learning new fields.





DSPPL Crossword Puzzle



Across

- [2] a word with the same meaning as another word.
 [3] to imagine someone to be guilty
 [4] Jewish place of worship.
 [5] the temporary prevention of something continuing.
 [6] a type of living organism; different _____?
 [7] a small argument or fight (usually over something silly)
 [8] to throw or spread things in different directions.

Down

- [1] the descent of the sun below the horizon.
 [2] high altitude layer of the atmosphere.
 [7] the speech with involuntary disruption or blocking of speech.

Fantastic! Send us filled up solutions with your name and city to info.dsppl@gmail.com



DSPPL Events

Lecture on Teacher's Day (5th Sept) for Teachers at MES Bal Shikshan School, Pune



The special lecture was conducted for teachers on the occasion of teachers day at MES Bal Shikshan Mandal School. It was attended by about 30 teachers. The topic for the session was "New Generation New Challenges New Opportunities ". The various findings of our extensive research about New Generation were shared with the teachers so that they can perform their role in a better fashion. All teachers acknowledged the importance of the topic and appreciated the efforts made by DSPPL for past several years in spreading Awareness about socially important topic. Teachers accepted the need to get trained to manage this structural gap.

Session was planned for 1 hour, but enthusiastic response and question answer Session lasted for another 45 minutes.

Headmistress Mrs. Manjusha Durve has been part of DSPPL online forum in the past. She thanked DSPPL and expressed willingness to conduct full fledged Teachers Training Program. Mrs. Shilpa Yeole, Coordinator of the School and also member of Rotary Club of Pune Westend has been instrumental in arranging this session.



DSPPL COMICS

Story: Komal Taai

Illustrations: Ashish



NAM SMARAN MEANS REPEATED CHANTING OF A NAME MADE OF WORDS MADE OF ALPHABETS WHICH INTURN CREATE VIBRATIONS.

CERTAIN VIBRATIONS WHEN ACTIVATED TUNE UP OR ACTIVATE THE ENERGY CENTRES IN HUMAN BODY.

REPEATED CHANTING WILL HAVE DESIRED RESULT ON A SPECIFIC CHAKRA ITS TRAITS GET ENHANCED. EX: CERTAIN NAMES WHEN CHANTED REPEATEDLY WILL ACTIVATE YOUR HEART CHAKRA & YOU WILL SUDDENLY EXPERIENCE THE PREM BHAV(THE LOVE).



CHANTING IS DONE GENERALLY THROUGH THE THROAT (VOICEBOX). IT IS BELIEVED THAT THROAT CHAKRA IS THE SEAT OF MIND.

THE MIND BECOMES STREAMLINED FOR SOME TIME WHILE YOU CHANT. BUT THE MOMENT YOU STOP CHANTING, MIND BECOMES FREE TO WANDER AGAIN.

SO, CHANTING HELPS TO QUITE IN THE MIND AND CONCENTRATE RATHER THAN WANDERING IN DIFFERENT DIRECTIONS.



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